

FRENCH RIVIERA FITNESS

JOIN FRENCH RIVIERA FITNESS FOR A
MONSTER'S DANCE BALL!
OCTOBER 24TH • 6:00-7:30 PM
Food, Fun, Prizes & More!
Metairie Location | 3908 Veterans Memorial Blvd

It's our **TREAT** to
show you some new
TRACKS!!




Hosted by: Annelisa, Corey, Dominique, Regina & Stacey

FRENCH RIVIERA FITNESS JOIN OUR
"SPIN OFF"
Workout Party 

October 4 at 9:00 am
in the Spin Room 


This Event will be the
WILDEST RIDE
of your life!


Come join us for Fun, Fitness & Prizes!

FRENCH RIVIERA FITNESS PRESENTS 

MMA WORKOUT EVENT
NOVEMBER 3RD | 7:00 PM - 8:00 PM

- BOXING with LEVI
- MIXED MARTIAL ARTS with BRITAIN
- KICKBOXING with JEREMIAH
- TURBO KICK with STACEY



This one-time workout
event is sure to be a
KNOCK OUT! 

Everyone is invited to Punch, Kick & Have a Blast!

Promotional flyers for various fitness events for
FRENCH RIVIERA FITNESS.

Created Using the Following Programs (%):

